



Workers Compensation

When I get Hurt at Work

When you have an accident, injury or illness associated with your job you need to take the following steps.

Note: It is the employee's responsibility to report all workers' compensation claims **immediately** to their supervisor and call to report the incident to VML at 1-877-234-0898, member number 748.

1. If it is an emergency (if an employee has sustained a life, limb or eyesight threatening injury), call 911 or go to the nearest emergency room. The supervisor should call VML and report the injury.
2. For all other incidents:
 - A. Report the incident to your supervisor.
 - B. Sign and date the "Panel of Physicians". Have your supervisor sign and date the form. Send a copy to the Benefits Office.
If you need immediate medical assistance, but it is not an emergency, go, or have someone take you, to a doctor on the panel. Have your supervisor call and report your claim. Otherwise:
 - C. Call VML (our workers comp carrier) at 1-877-234-0898.
 - D. Provide VML with your member #: 748.
 - E. The VML specialist will obtain the needed information for your claim. They will recommend treatment options if needed.
3. If you seek medical treatment with a physician on our panel, take the "Instant Coverage Workers' Compensation Prescription Program" card to a participating pharmacy to obtain any needed medication.
4. VML will contact the employee to coordinate any follow-up care that may be needed.

Contact Christie Ryman if you have any questions.

(540) 946-4600 ext. 140

cryman@waynesboro.k12.va.us

WAYNESBORO PUBLIC SCHOOLS

WORKER'S COMPENSATION PANEL OF PHYSICIANS

THE CLOSEST EMERGENCY FACILITY MAY BE USED IN AN EMERGENCY SITUATION. ONCE THE EMERGENCY TREATMENT IS COMPLETED A PANEL PHYSICIAN MUST BE CHOSEN FOR FOLLOW UP CARE

___ I agree to select a doctor, if needed, from the below panel.

___ I have declined to select a physician from the below panel. I understand that I will have to pay for any medical treatment or doctor's bills, and that I will be denied workers' compensation for any absence based on a disability, which is not certified by an approved panel physician.

| | |
|-------------------------|------|
| Signature of Employee | Date |
| Signature of Supervisor | Date |

| | | |
|-----------------------|------------------------------|--------------|
| Armstrong, Deborah MD | Augusta Health Urgent Care | 540-245-7940 |
| Brookings, Michael MD | 201 Lew DeWitt Blvd. Suite A | |
| Farley, Benjamin MD | Waynesboro , VA 22980 | |
| Parks, Dan MD | Augusta Health Urgent Care | 540-245-7880 |
| Root, Douglas MD | 2570 Stuarts Draft Highway | |
| Smith, Travis DO | Stuarts Draft , VA 24477 | |
| Yin, Susan DO | Augusta Health Urgent Care | 540-245-7470 |
| | 851 Statler Blvd. | |
| | Staunton, VA 24401 | |

| | | |
|-------------------|---------------------------------------|--------------|
| Krieger, David DO | Augusta Health Workplace Wellness | 540-245-7530 |
| | 57 North Medical Park Drive Suite 101 | |
| | Fishersville, VA 22939 | |

| | | |
|------------------------|-------------------------------|--------------|
| Damewood, George MD | Stuarts Draft Family Practice | 540-337-3710 |
| Forbes, John "Bill" MD | 24 Gloucester Road | |
| Hatter, Dennis MD | Stuarts Draft, VA 24477 | |
| Hostetter, Samuel MD | | |
| Lanigan, Kerry MD | | |